

MD DHCC  
c/o Anita Gathogo  
1224 Cedarcroft Road  
Baltimore, MD 21239



## 2015 Spring Workshop

Tuesday April 14, 2015

7:30 am – 4:15pm

The Gathering Place  
6120 Day Long Lane  
Clarksville, MD 21029

For More Information:  
Call Phyllis McShane 410.967.6377  
[pef@rmcshane.com](mailto:pef@rmcshane.com)

6.0 CEU hours and 1 credit hour for exhibits  
requested for both RDs and DTRs

6.0 CE hours and 1 credit hour for exhibits  
requested for CDMs

**Due to the 2014 Fall Workshop success MD DHCC is able to reduce members' cost to attend the spring meeting with a *one-time-only* rate of \$85 for a meeting with 7 CEU.**

CUP & dietetic Interns will again be involved in all aspects of the Meeting.

## PROGRAM GOALS:

By attending this meeting attendees will be able to:

- Describe status of **Proposed Changes to State Regulations on Long Term Care (LTC)**.
- Describe status of **Proposed Changes to State Regulations on Assisted Living (ALF)**.
- Explain specific **considerations in starting TPN** in an Elderly Patient.
- List **one way to use technology** in practice.
- Describe 1 new fact learned re: combination of **DM and Stage 3 & 4 wounds**
- Describe 1 new fact learned re: combination of **bowel management and Stage 3 & 4 wounds**
- Explain one new **end of life consideration** that you learned.
- List at least one **herbal** that you will look for in patient assessment based on presentation
- **Visit multiple food & nutrition services** and vendors in the exhibit area.

**Exhibitors and Sponsors:** ADAF, MD Board of Dietetic Practice, Vegetarian Resource Group (VRG), Gordon Food Service, Performance Food, Medtrition, Lyons Magnus, Simply Thick

A final of listing of Exhibitors & Sponsors will be in the program handout & posted on MAND website.

### ***MD DHCC is thrilled to announce:***

***Jan Madden will review the status of proposed revisions to LTC & ALF regulations that affect many of our jobs.***

***Dr. Rabins will present an update of his truly amazing & instructive 2013 FNCE presentation "Alzheimer's Disease, End of Life Care & the Dietitian".***

***Dr. Brandt will teach us all about the herbals we need to know.***

***And so much more! We hope you can join us!***

## THE FACULTY

### Janice Madden, MS RD LDN

Office of Health Care Quality (OHCQ), DHMH  
State of Maryland

### Monica Perna, RDN CNSC

Parenteral & Enteral Support (PES)  
Nutrition Department  
Johns Hopkins Hospital

### University of Maryland College Park Dietetic Interns

Colleen Abbott, Andrea Belloli, Rory Costigan, Rayna Herskowitz, Andie Lugg, Anastasia Maczko, Chandler Ray, Megan Smith, Megan Solloway, Ashley Spence

### Evelyn Phillips, MS RD LD CDE

Clinical Nutrition Manager, Magee Rehab Hospital  
Philadelphia, PA

### Peter Rabins, MD MPH

Professor, Psychiatry and Behavioral Sciences  
Johns Hopkins University, Johns Hopkins Hospital

### Nicole Brandt, PharmD, MBA

Professor of Pharmacy Practice and Science  
University of Maryland Medical Center

### Poster Presentations: Howard University CUP:

Mearaph Barnes, Michelle Smith Hawley, Devon Riley, Yu Chooi Chung, Yingying Yip, Arianna Holmes, Caitlin Harris, Taylor Johnson, Jonathan Barnes, Shaunice Wall

### DIRECTIONS:

#### From the Baltimore Beltway I-695

Take I-70 West to Rt. 29South to 32West. Exit onto Rt 108, Clarksville. Make a right off the exit. Take a right at Linden Linthicum Lane (just past River Hill Village Center). Make 1<sup>st</sup> right onto Day Long Lane and next right into parking lot.

#### From Washington Beltway I-495

Take I-95 North to 32 West. Then follow above directions from 32 West.

## THE PROGRAM

7:15 a.m. – 8:00a.m.

### Registration

Continental Breakfast/ Early Exhibits

8:00a.m. – 8:15a.m.

### Welcome and Announcements

Joyce Rowley, MS

8:15a.m. - 9:15a.m.

### Update on Proposed Regulation Changes for LTC & ALF

Janice Madden, MS RD LDN

9:15a.m. – 9:30a.m.

### Exhibits/ Break

9:30a.m. – 10:30 a.m.

### TPN in long term care patients: Issues to consider

Monica Perna, RD LDN CNSC

10:30a.m. – 11:00a.m.

### Intern Tech Tools

University of Maryland College Park Dietetic Interns

11:00a.m. – 12:30p.m.

### Door Prizes, Lunch, Exhibits and Student Posters

12:30a.m. - 1:30p.m.

### Wound Care, Diabetes & Bowel Management: What you need to know

Evelyn Phillips, MS RD LD CDE

1:30pm -3:00pm

### Dementia and End of Life Considerations for the RD

Peter V. Rabins, MD MPH

3:00p.m. – 3:10p.m.

### very short break/ stretch in place

3:10p.m. – 4:10p.m.

### Nutraceuticals and Older Adults: Facts, Fictions and Gaps of Knowledge

Nicole Brandt, PharmD, MBA

4:10 p.m. – 4:15 p.m.

### Closing Remarks/ Evaluation

## 2015 SPRING WORKSHOP

### Professional Affiliation

RD# \_\_\_\_\_

DTR# \_\_\_\_\_

CDM# \_\_\_\_\_

### Registration Fees prior to March 31, 2015

MD-DHCC (have paid \$15 membership fee)	\$85.00
Academy of Nutrition & Dietetics Member	\$100.00
Students (in full time programs)	\$30.00
RD/DTR, non-Academy member	\$110.00
All Others	\$125.00

### After March 31, 2015 add an additional \$10.00 fee to above fees.

\_\_\_\_\_ Check here if you do **NOT** want \$1 to go to ADAF

\_\_\_\_\_ Check here if you do **NOT** want \$1 to go to MDAF

\_\_\_\_\_ Check here if you do **NOT** want \$1 to go to MDA PAC

### Register by check/ mail or online with credit card

Registration Information – if paying by check

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

MAIL FEE (CHECK) AND FORM TO:

MD-DHCC

c/o 1224 CEDARCROFT ROAD

BALTIMORE, MD 21239

Access online credit card registration at:

[tinyurl.com/2015spring](http://tinyurl.com/2015spring) or go to MAND website to access at:

<http://www.eatwellmd.org/page.cfm?page=mddhcc>

**NOTE. No Refunds after March 31, 2015.** Make Checks payable to **MD-DHCC.**

**Announcement Board will be available  
for Job Postings**